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NEW CLIENT FORMS

Thank you for choosing my professional services. I will do my best to provide you with a meaningful and valuable therapeutic experience.

To make our first meeting more productive, please read and complete the following NEW CLIENT FORMS. Then bring them with you, or go to the Contact page and attach them to my secure email.

If you have any questions about these forms, please contact me by phone or email. If you wish, we can also discuss your questions during our first meeting.

NEW CLIENT FORMS:

- (1) AGREEMENT AND INFORMED CONSENT FOR TREATMENT. This outlines my policies and our therapy agreement. Please sign and date the form. If you would like a copy for your records, please print two copies.
- (2) **NOTICE OF PRIVACY PRACTICES**. This explains my practices and the federal regulations regarding the use and disclosure of your health information. After reading this form, please sign and date the ACKNOWLEDGMENT OF RECEIPT OF THE NOTICE OF PRIVACY PRACTICES.
- (3) **PAYMENT CONTRACT FOR SERVICES**. This further explains my payment policies. Please sign and date the form.
- (4) **NEW CLIENT INFORMATION FORM**. This will help me to better understand you and make our first few sessions more effective. Please complete, then sign and date the form.

It's common for new clients to feel nervous about starting therapy. I understand how stressful it can be. Fortunately, most people feel more comfortable with the process in just a few sessions. Before our first meeting, write down what you hope to get from therapy. That way, we can be sure to discuss your goals during our first few sessions together.

I look forward to meeting with you.

Robert W. Garber, LCSW

NOTE In the forms listed above: - *I*, *MY*, and *ME* refer to Robert W. Garber, LCSW, and/or ClearSky Counseling, LLC

- US, WE, and OUR refer to Robert W. Garber, LCSW, and/or ClearSky Counseling, LLC, and you, the client(s)
- **YOU** and **YOUR** refer to you, the client(s)

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